



X BRAZILIAN JIU-JITSU ACADEMY

Official member of the Charles Gracie Association

RELEASE AND WAIVER OF LIABILITY

THIS DOCUMENT MAY AFFECT YOUR LEGAL RIGHTS.
PLEASE READ THE ENTIRE DOCUMENT CAREFULLY BEFORE SIGNING IT.

I, _____, wish to participate in training and receive instruction in the art of the
(Student's Full Name)
service provided to me by Cristiano Xavier. In consideration of the service provided to me by Cristiano Xavier, I hereby freely and knowingly accept and agree to the following terms and conditions:

1. _____ **Assumption of Risk:** I understanding that Jiu-Jitsu is a hazardous activity that involves inherent risk of serious physical injury. With full knowledge of risks involved in Jiu-Jitsu, I expressly assume all the risk of harm to myself arising from the practice of Jiu-Jitsu at the X Brazilian Jiu-Jitsu.

2. _____ **Release of Claims and Waiver of Liability:** I hereby expressly and for all times, on behalf of myself, my heirs, successors and assigns, executors and personal representatives release and agree to hold harmless Cristiano Xavier from any claim, demand or cause of action at law or equity from any injury to me that arises or might have arisen from my participation in the practice of Jiu-Jitsu, from my use of the equipment of the X Brazilian Jiu-Jitsu or from my participation in any activity associated directly or indirectly with X Brazilian Jiu-Jitsu, or from any use of Jiu-Jitsu techniques.

3. _____ **Indemnification:** I hereby agree to indemnify and hold harmless Cristiano Xavier from any claim, demand or cause of action at law or equity, including but not limited to, any claim of personal injury, that may be asserted against Cristiano Xavier by any third party as a direct or indirect result of my participation in the practice of Jiu-Jitsu, from my use of the equipment of the X Brazilian Jiu-Jitsu, from my participation in any activity directly or indirectly associated with the X Brazilian Jiu-Jitsu, or from my use of Jiu-Jitsu techniques.

4. _____ Definition: As use in this agreement, the terms "Cristiano Xavier" and "X Brazilian Jiu-Jitsu" include Cristiano Xavier, the X Brazilian Jiu-Jitsu, and any heir, successor, assign executor, employee, member, representative, assistant instructor, owner or director of any or all of them.

I HAVE READ THIS ENTIRE DOCUMENT. I UNDERSTAND AND AGREE TO ITS TERMS.

Signed: _____ Dated: ____/____/____

Printed Name: _____

Signed: _____ Dated: ____/____/____
Parent or Guardian (if signer is under the age of 18)

IT IS STRONGLY RECOMMENDED THAT YOU CONSULT A PHYSICIAN BEFORE UNDERTAKING ANY PROGRAM OF STRENUOUS EXERCISE SUCH AS THE PRACTICE OF JIU-JITSU.

X BRAZILIAN JIU-JITSU ACADEMY
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